

MPN Resource List

I. Resources for Addressing Racism

a. Comprehensive Guides

Comprehensive Resources Guide on How to Be an Ally (Philadelphia Edition),

https://docs.google.com/document/d/1zaQgc1DK_Ej6_qUEPKN9jBqrCxsLcyuEw4HMfOFpt3I/edit?usp=sharing

Anti-racism Resources, https://docs.google.com/document/d/1BRIF2_zhNe86SGgHa6-VIBO-QgirlTwCTugSfKie5Fs/preview?pru=AAABcnZcUw0*Bv9f2- knWaXADeNfGV_3fQ&fbclid=IwAR1KvrZf6j_1CZHdWlpwrZNPY7AwruQYX0ZxkedE5-VNRC9YmwfWfHbbUhg

Your Kids Aren't Too Young to Talk About Race: Resource Roundup,

https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4?fbclid=IwAR2HY_BOyykieypUm9EsGY-X-anyhj28JqMFUIgCbocudJTkun-PGPAiYO

b. Talking to Children

["Talking Race with Young Children" \(NPR\)](#)

["Raising Race-Conscious Children" \(A Cup of Jo\)cherie](#)

["Seeing White" \(Scene on Radio\)](#)

["Race & Ethnicity" \(Teaching Tolerance\)](#)

["George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?" \(USA Today\)](#)

["Talking to Children After Racial Incidents" \(Penn GSE News\)](#)

["Helping Children Cope with Frightening News" \(Child Mind Institute\)](#)

c. Books

List of books for white people who want to learn about how racism and white supremacy function in their own lives and thinking.

<https://www.charisbooksandmore.com/understanding-and-dismantling-racism-booklist-white-readers>

White Fragility: Why It's So Hard for White People to Talk About Racism by Robin Diangelo

The Color of Law: A Forgotten History of How Our Government Segregated America by Richard Rothstein

The Fire Next Time by James Baldwin (Audio Book: *The Fire Next Time* by James Baldwin read by Jesse L. Martin <https://www.youtube.com/watch?v=hi43zpigptI>)

Hood Feminism: Notes from the Women That a Movement Forgot by Mikki Kendall

d. Articles

“Your Black Colleagues May Look Like They’re Okay — Chances Are They’re Not”, by Danielle Cadet

<https://www.refinery29.com/en-us/2020/05/9841376/black-trauma-george-floyd-dear-white-people>

“My fellow brothers and sisters in blue, what the hell are you doing?”, by Val Demings

<https://www.washingtonpost.com/opinions/2020/05/29/my-fellow-brothers-sisters-blue-what-earth-are-you-doing/>

“Despite 432 Indigenous deaths in custody since 1991, no one has ever been convicted. Racist silence and complicity are to blame”, <https://theconversation.com/despite-432-indigenous-deaths-in-custody-since-1991-no-one-has-ever-been-convicted-racist-silence-and-complicity-are-to-blame-139873>

“How to not raise a racist white kid”, by Jennifer Harvey,

<https://www.cnn.com/2020/05/28/health/parents-raising-white-children-racism-wellness/index.html>

“Why this time is different” <https://www.newyorker.com/news/q-and-a/a-black-lives-matter-co-founder-explains-why-this-time-is-different>

“Code-Switching Is Not Trying to fit into White Culture, It’s Surviving It”,

<https://www.yesmagazine.org/opinion/2019/12/17/culture-code-switching/>

e. Podcasts

The Myth that Busing Failed – The Daily <https://www.stitcher.com/podcast/the-new-york-times/the-daily-10/e/62645943?autoplay=true>

Episode 2 – The Economy that Slavery Built – 1619 <https://www.stitcher.com/podcast/the-new-york-times/nyt-1619/e/63588472>

The Limits of Empathy – Code Switch <https://www.stitcher.com/podcast/national-public-radio/code-switch/e/67935085>

The Reverse Freedom Rides – Code Switch <https://www.stitcher.com/podcast/national-public-radio/code-switch/e/65933328>

We Watch Whiteness – Still Processing <https://www.stitcher.com/podcast/the-new-york-times/still-processing/e/54250429>

Fearing the Black Body – The Nod <https://www.stitcher.com/podcast/gimlet/the-nod/e/64438147>

f. Documentaries & Videos

“ACLU Attorney Takes on Failed Policing and Shows a Better Way”

<https://www.aclu.org/video/aclu-attorney-takes-failed-policing-and-shows-better-way>

Minneapolis Protesters Bond with Arresting Officers,

<https://www.youtube.com/watch?v=LyezyOrBEXk&feature=youtu.be>

Watch the documentary 13th which covers the criminalization of African Americans and the U.S. prison boom. <https://www.netflix.com/title/80091741>

Take the Open Yale Course “African American History: From Emancipation to the Present.”

<https://oyc.yale.edu/african-american...>

“Suppressed: The Fight To Vote” <https://www.youtube.com/watch?v=03DGjnIkTdl>

g. Social Media

@theconsciouskid

@Rachel.cargle

@thegreatunlearn

@austinchanning

@ibramxk

@laylafsaad

@teachandtransform

@teaching_tolerance

@inclusivestorytime

@irresistible_movements

@privtoprog

@ckyourprivilege

@colorofchange

@civilrightsorg

@thekingcenter

@beabridgebuilder

II. Take Action

a. Support black owned businesses:

<https://docs.google.com/spreadsheets/d/1Jdchbo-YsBLsNgb4wPcmCUu3bjrBKa4cIVR8Tuz8kXY/edit#gid=0>

b. Write government officials

How to Contact Your Elected Officials <https://www.usa.gov/elected-officials>

ACLU Tips on Writing to Your Elected Officials <https://www.aclu.org/other/tips-writing-your-elected-officials>

Sample Letter That You Can Use to Write to Your Legislator

<https://www.nlacrc.org/home/showdocument?id=272>

Find Your United States Congress Representative

<https://www.house.gov/representatives/find-your-representative>

Find Your Pennsylvania State Representative

<https://www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/>

Find Your New Jersey State Representative

<https://www.njleg.state.nj.us/members/legsearch.asp>

Find Your Delaware State Representative <https://legis.delaware.gov/FindMyLegislator>

How to contact your Police Chief

<https://aldf.org/article/tips-for-writing-to-law-enforcement/>

<https://careertrend.com/how-do-you-address-the-chief-of-police-in-correspondence-13648188.html>

c. Sign a Petition

University of Pennsylvania's Petition: <https://www.change.org/p/university-of-pennsylvania-petition-to-end-penn-police-state-collusion?signed=true>

BLM: <https://blacklivesmatter.com/defundthepolice/>

Compilation of Black Lives Matter petitions: <https://www.bleumag.com/2020/06/03/30-blm-petitions-you-should-sign-right-now/>

d. Attend a Protest

<https://rallylist.com/>

<https://indivisible.org/events>

<https://mashable.com/article/how-to-find-protests-online-trump/>

e. Support an Organization

ACLU

NAACP

Black Lives Matter

Southern Poverty Law Center

Rolling Stone, Here's Where You Can Donate to Help Protests Against Police Brutality, <https://www.rollingstone.com/culture/culture-news/george-floyd-protests-bail-funds-police-brutality-black-lives-matter-1008259/>

Please note: The above suggestions and links were curated by individuals of the Multicultural Professionals Network Leadership Team, and are not a reflection of CHOP's, nor MPN's,

specific stances or beliefs. Please utilize this resource guide as simply that, a guide to just a few resources you may want to investigate or learn more about. Not all books/articles were reviewed in their entirety and so reader discretion is advised. We welcome your feedback around this list and if you have others to recommend please email: mpn@email.chop.edu to share.