



**Quarter I 2018**

Issue: April 6

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Words from the President

# NAHSE

## Birmingham Regional Chapter

### Newsletter

#### **NAHSE BRC Mission Statement**

*“To create a climate where diverse health care leaders can promote education, community service and leadership development by leveraging local/national networks to establish an ongoing commitment that supports equitable care to all.”*

#### **A New Beginning**

“The National Association of Health Services Executives (NAHSE) is a non-profit association of Black health care executives founded in 1968 for promoting the advancement and development of Black healthcare leaders and elevating the quality of healthcare services rendered to minority and underserved communities.”

“NAHSE’s purpose is to ensure greater participation of minority groups in the health field. Its basic objective is to develop and maintain a strong viable national body to more effectively have input in the national health care delivery system. It has provided a vehicle for Blacks to effectively participate in the design, direction and delivery of quality health care to all people”.

It was in that spirit that the Birmingham Regional Chapter of NAHSE was founded in 1988 by a determined group of UAB Hospital Executives and Administrators led by Sabrina Shannon, who had previous ties to the NAHSE National Office. The Birmingham Regional Chapter had its peak in 1995 when it hosted the 10th Annual NAHSE Education meeting and exhibition. Kevin Lofton,



*Kevin Lofton and Dr. Foster Exposé, Jr.*

Maude Lofton, Christopher Mosley, Antionette Smith-Epps, Gilbert Harding and Sabrina Shannon were all instrumental in this achievement. The chapter used the national meeting to build energy for local activities and to attract members, speakers and raise the chapter visibility. The chapter membership included members from Cooper Green, St. Vincent’s and Baptist Hospitals, as well as, members from Sickle Cell, Blue

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Cross and Blue Shield and other local organizations. In the mid to late 2000s, membership dwindled due to the relocations of key chapter stakeholders. As such, the chapter fell into a dormant stage.

It was not until the fall of 2017, under the direction of Dr. Foster Exposé, Jr. that NAHSE BRC was reborn. It was with great enthusiasm and excitement that the renewed chapter under the leadership of its newly elected president and officers plotted the course of the Birmingham Region Chapter. With the “Call to order” of its inaugural meeting on September 18th, 2017, NAHSE BRC is once again in the service of Birmingham and surrounding areas to ensure the inclusion of all groups in the national healthcare delivery system.

Since its return, NAHSE BRC has hosted several events including a holiday reception, strategic planning retreat, a panel discussion on colorism, and a membership drive.



*NAHSE BRC Holiday Reception*



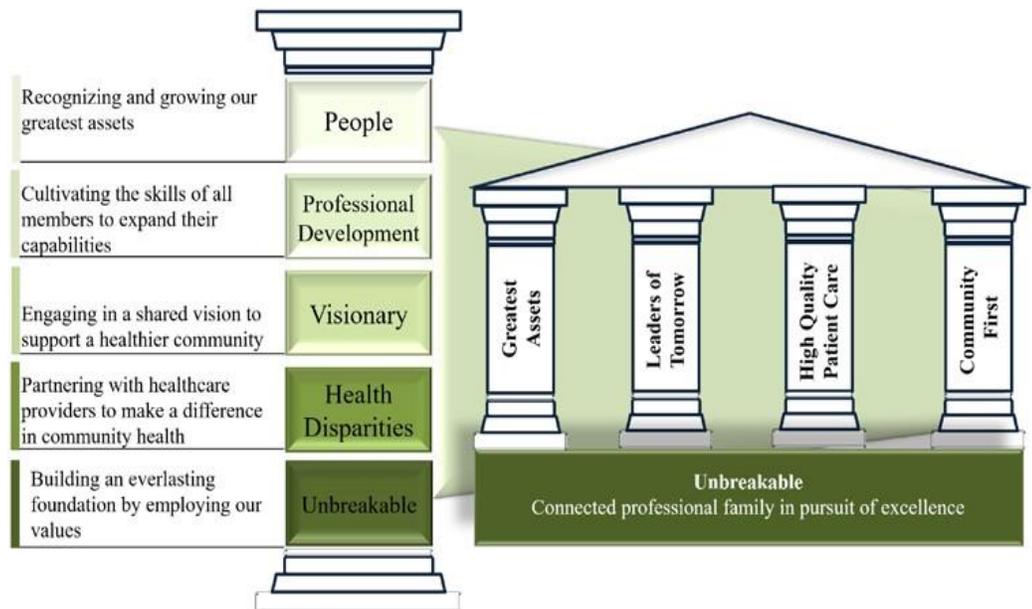
*Panelist- Paulette Dilworth, PhD, Marquita Hicks, MD, Oscar J. Booker, MD*



## Standing for Something

At the January strategic planning retreat, President Exposé created a pillar model that would serve as a means of connecting all members to the chapter’s mission. The officers worked collaboratively to define and approve the pillars. This column serves as a foundational blueprint that progressively builds the pillars through an unbreakable lens that focuses on people, professional development, vision, and health disparities. Together this column creates our “Unbreakable” pillars that connect us as a professional family in the pursuit of excellence.

### NAHSE BRC Pillars



### NAHSE BRC Core Values

Our core values will serve as guiding principles in our pursuit of excellence.

NAHSE BRC Core Values	
Compassion	Collaboration
Mentoring/Sponsorship	Innovation/Entrepreneurship
Courage	Ethics
Scholarship	

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### On the Move

#### Birmingham City Council

On Tuesday February 13, NAHSE BRC Officers attended the Birmingham City Council meeting under the sponsorship of Councilor James Roberson Jr. The chapter is actively building a partnership with the City Council to provide mentoring to community youth and future leaders.



*NAHSE BRC Officers with James "Jay" Roberson, Jr., Council President Pro Tempore, District 7*

#### NAHSE BRC is official



*President Exposé and National President-Richelle Webb-Dixon*

On March 25, President Exposé traveled to Chicago to present the NAHSE BRC local chapter for confirmation before the executive committee. The chapter was approved and welcomed by the board members.

#### Officer Induction

NAHSE BRC Officers were confirmed on April 3<sup>rd</sup> at 3:30PM in the UAB West Pavilion Conference Center.



*President- Expose Foster Jr., PhD, Communications- Lamar Beasley, MBA, President Elect- Denise Pruitt, MPH, Parliamentarian- Michael Northorp, MBA, Secretary- Mona Jackson, JD, Treasurer- James Camel, MPH, President*

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### Professional Development Series

This year, we have many exciting events planned. All current chapter members are invited to attend the Professional Development Series (PDS). To attend these sessions and other events, please register at [nahsebrc.com](http://nahsebrc.com).



#### *Professional Development Series*

*(Active Members Only no RSVP)*

**April 5:** Building Your Career Plan

**August: 9** Developing Your Executive Presence

**December 6:** Emotional Intelligence

*Professional Development Series*

### Featured Member



*Miguel Harris*

Born and raised in Birmingham, Alabama, Miguel Harris primarily likes to run and spend time with his family when not working. With experience in supply chain management and healthcare quality and safety he has hopes to one day move up into healthcare leadership. Additionally, Miguel has entrepreneurial aspirations of starting his own business.

In his own words, "I joined NAHSE BRC to build relationships and share ideas with likeminded healthcare professionals in the greater Birmingham community." Miguel further believes that others should join NAHSE for the support and networking opportunities available through "this powerful group of incredibly talented professionals with years of knowledge, wisdom, and experience."



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### Making A Difference



This year, NAHSE BRC member and Parliamentarian Michael Northorp was riding to find a cure for cancer!

“Cancer affects over 23,000 people in Alabama each year. That's why I've joined the fight and will be riding my bicycle in the Magic City Cyliad on Saturday March 24th, 2018 in support of the UAB Comprehensive Cancer Center. I'm determined to raise awareness and money to support finding a cure for cancer, so that we can save more local lives than ever before, right here in Alabama.”

*Michael Northorp (left)  
NAHSE BRC Parliamentarian*

Michael Northorp



*Elicia Jacob (far left)*

Elicia Jacob hosted U.S. Attorney General Jeff Sessions who visited UAB's Women and Infants Center to engage in dialogue with clinicians to get knowledge about how the opioid epidemic is impacting pregnant women and their infants.



## Contact Us

Address  
NAHSE BRC  
500 22nd Street South  
Birmingham AL, 35233

Phone  
(205) 602-1337

Email  
admin@nahsebrc.com

Website  
nahsebrc.com

Follow us  
Twitter: nahsebrc  
Facebook: nahsebhamrc  
LinkedIn: nahsebrc

## Presidents Message

NAHSE BRC Family,

I am delighted to celebrate the launch of *The NAHSE BRC Newsletter*, a quarterly informational resource to all members regarding current chapter events.

This newsletter will serve as a vehicle to drive chapter engagement with the primary goal of offering members the opportunity to get involved and stay connected with their peers. In addition, this communication resource will play a valuable role in reaching the community with the hope of bringing new members into our “*unbreakable*” family. It is my sincere hope that as you peruse the newsletter’s pages, you will see our chapter’s mission and vision come to life.



*Dr. Foster Exposé, Jr*

Together, let’s make NAHSE BRC the preferred organization for African American professionals and the preferred partner for community service in the greater Birmingham area.

My very best,

Dr. Foster Exposé, Jr.

President- NAHSE BRC

A promotional poster for the 33rd Annual Educational Conference and 23rd Everett V. Fox Student Case Competition. The poster features a large blue and gold '50' logo with the NAHSE BRC seal inside the zero. Below the logo is the text 'Inspiring Leaders' and 'NATIONAL ASSOCIATION OF HEALTH SERVICES EXECUTIVES 1968-2018'. The main title is 'A Certain Mission in Uncertain Times: Advancing Healthcare as a Civil Rights Issue'. The event details are '33rd ANNUAL EDUCATIONAL CONFERENCE AND 23rd EVERETT V. FOX STUDENT CASE COMPETITION' on 'OCTOBER 10-12, 2018 • HILTON ORLANDO LAKE BUENA VISTA • ORLANDO, FL'. A vertical gold banner on the right side says 'SAVE THE DATE'. The background shows a cityscape with palm trees.